

Network News

from the Community Food Bank of Eastern Oklahoma

April 2021

Late Openings

Tulsa Branch:

Opens at 9:30 on Thursday, 4/8

Warehouse Shopping Hours

Tulsa Branch:

M-F 8:30 AM to 11:45 AM

TWR 1:00 PM to 2:45 PM

McAlester Branch:

M-F 8:30 AM to 4:00 PM

February Numbers

2,008,842 Pounds Distributed

923,248 Pounds Produce Distributed

2,745 Military Personnel Served*

Pantry Agencies

(203 agencies reporting)

39,441 Households Served*

110,724 Individuals Served*

On-Site Agencies

(126 agencies reporting)

212,954 Meals Served

5,282 Individuals Served*

*Not for publicity purposes. These numbers likely include duplicated individuals.

Upcoming Training

Agency Express - 4/16 @ 9 AM

*All trainings will be conducted using Zoom and require pre-registration

Civil Rights Training

Remember, all agencies that distribute TEFAP through the USDA program are required to participate in annual civil rights training. Each month, the Food Bank emails agencies who are due to renew their civil rights training that month as a courtesy, but it is the agencies' responsibility to remember to renew. While only the program director at your agency needs to take the civil rights training test on our website, all program staff and volunteers who interact with clients or client information are required to review the civil rights training presentation annually. This is a requirement of the USDA for authorized agencies to continue distributing TEFAP commodities.

Monthly Reports

Remember, each agency is required to submit a monthly report through Agency Express **by the 10th of each month**. The link to submit your monthly report can be found on Agency Express under the "Food Bank Links" tab and choosing the report option appropriate for your agency. Agencies can verify that they submitted their monthly report by looking under the "Reports" tab and choosing "Survey Management." Agencies only have a specific window of time to submit a monthly report, usually between the 25th and the 10th. After the 10th, agencies that have not submitted a monthly report will be placed on hold and will be unable to order or pick up orders until the report is received. The link to submit a report will disappear after the 10th of the month and agencies will have to submit reports by emailing mdemaree@okfoodbank.org or faxing 918-585-2862.

@okfoodbank

Connect with the Food Bank on Social Media



2021 VIRTUAL AGENCY CONFERENCE

REGISTRATION IS LIVE

Registration for the 2021 Virtual Agency Conference is now live for your agency to sign up to attend! The date of the conference is set for **Friday, April 30, 2021** from **9:00 AM to 1:00 PM**.

This year we will feature presentations covering a variety of topics including:

- Insights from a CFBE Case Management Program
- Being Mindful of the Effects of Poverty

We will also feature a few break out sessions that attendees can choose between including topics such as Children's Programs, Healthy Pantry Assessments, and Advocacy. We will also feature an Agency Panel so that you can hear how other Food Bank partner agencies structure their programs and handled operations during the pandemic.

To register, please click [here](#).

AGENCY OF THE MONTH

SAND SPRINGS COMMUNITY SERVICES



Agency Director: Nathan Woodmansee

Location: Sand Springs, OK

Services Provided: The Mission of Sand Springs Community Services is to partner with area resources to provide Sand Springs residents with assistance and connection today and hope and empowerment

tomorrow. SCS provides food, clothing, rent and utility assistance, other financial assistance, employment referrals, back-to-work necessities, assistance with completing applications/forms for basic needs, mental health/counseling referrals, Supplemental Senior Servings, volunteer opportunities, and seasonal assistance to the most vulnerable residents in Sand Springs. Additionally, SCS is available to facilitate presentations on poverty for civic organizations and community groups.

Proudest Accomplishment: We have increased capacity to serve approximately 1 out of every 8 households in Sand Springs with plans to serve more if needed. We are four years running with Tulsa Area United Way "Best of the Best" Award, and we received a Mayoral Proclamation for agency response during the Flood of 2019.

Where do you see your program in five years? In addition to continuing its emergency basic needs assistance programs, Sand Springs Community Services would like to expand its facility to increase its food program, to offer some client-choice options, and to expand its educational offerings to teach some of the household fundamentals that lead to client self-sufficiency.



Jeff Fannin

Title: Driver/Warehouse Worker

How long at the Food Bank: 10 years

What you do here: I drive the truck for our Rural Delivery Service.

Something about you: I love going to church and praising God.

Pearls of Wisdom: "As a man thinketh, so is he."

Favorite Foods: Chili beans and fried chicken

Currently Reading: The Bible

FACES OF THE FOOD BANK

BEEF PASTA BOLOGNESE

Serves 8

Estimated Time: 40 min

Ingredients:

- 1 lb. 90/10 lean ground beef
- 1 medium onion, diced
- 3 cloves garlic, minced
- 1 celery rib, diced
- 1 (10 oz.) bag matchstick carrots
- 1 (6 oz.) can no-salt-added tomato paste
- 1 Tbsp. Italian seasoning
- 1/4 cup minced fresh basil
- 1 (32 oz.) carton unsalted beef broth
- 1 cup 1% low-fat milk
- 1 (16 oz.) box whole-wheat penne pasta
- 1 cup shredded parmesan cheese, divided

Directions:

1. In a large stockpot, add beef, onion & garlic. Cook 8-10 minutes or until cooked through, crumbling meat throughout.
2. Add celery, carrots, tomato paste, Italian seasoning & basil. Mix well.
3. Cover & cook 3-4 minutes
4. Add broth & milk. Bring to a boil. Reduce heat to medium-low & add pasta. Cook 15-20 minutes or until pasta is cooked, stirring occasionally.
5. Remove from heat & stir in 3/4 cup parmesan. Serve topped with remaining parmesan cheese.

More recipes can be found [here](#).



Feeding America projects that **1 in 5 Oklahomans** and an astonishing **1 in 3 children** will face food insecurity as a result of the pandemic.