At a time when we can’t gather as a community, we can gather within our communities to raise awareness and advocate for our hungry neighbors.

What is Take a Seat?
Take A Seat is an ongoing campaign to help fight hunger in our community. The basic idea behind the initiative is simple: Get together with friends, family, co-workers and experience the gratifying feeling of raising money to feed people struggling with hunger. Take A Seat events can be held year-round.

Every dollar raised will provide the equivalent of four meals to those in our community struggling with hunger.

Hosting a Take A Seat event is simple. The event can be whatever you make it. Some might choose an evening in the comfort of their homes with just a few close friends; some may choose larger, more structured events. There is no wrong way to do it.

How Take a Seat Works
- Supporters will host a variety of food and drink-related events to benefit the Community Food Bank of Eastern Oklahoma.
- Event hosts can establish a set fee to attend, or simply ask for donations. All proceeds will benefit the Food Bank.
- Events can be simple or elaborate, catered or prepared by the host or pot-luck. They can focus on breakfast, coffee, brunch, lunch, dinner, cocktails, dessert, cookouts, whatever direction the host/s find interesting.
- Events can be private, with hosts creating their invitation list.

What The Food Bank Will Do
- Provide an email and/or printed invitation template.
- Provide food bank logos, printed collateral, discussion points, and stats on hunger and the work of the Food Bank, including a video, if requested.
- Provide promotion of Take A Seat, highlighting the various events. We will send press releases and feature events in social media and in our monthly eblasts, our quarterly newsletter, and our web page and through social media.
- Recognize all hosts on our web page & through social media.
- Provide an avenue for guests to make credit card payments or cash donations.

For questions about Take a Seat or for more information, contact Cathy Wilkie at cwilkie@okfoodbank.org or 918-936-4544 or go to okfoodbank.org