

# FOOD BANK NUMBERS AT A GLANCE



The Community Food Bank of Eastern Oklahoma distributed a record **28.9 million pounds** of food last fiscal year, of which **40% was fresh produce**. Working as efficiently as possible, over **96% of donations** go directly to programming. In addition, **12,000** volunteers saved **\$1.6 million** in value added costs. This helps us move closer to our vision of food security, with dignity, for all eastern Oklahomans.

## FOOD FOR KIDS

The Food Bank's Food for Kids programming ensures food insecure children in our community have a reliable source of nutritious meals throughout the year.

**School's Out, Meals In Programs** fill the gap when children no longer have access to free and reduced-price school meals during school breaks.

**Program Sites: 78 sites in 11 counties**

**Meals Provided: 65,886**

**Free Family Farmers' Markets** provide fresh produce and bakery items to low-income students and their families through partnerships at early childhood development centers.

**Market Sites: 14 in Tulsa county**

**Meals Provided: 263,263**

**The Backpack Program** provides nutritious, kid-friendly food for students in need to take home on Friday after school.

**School Sites: 345 in 18 counties**

**Backpacks Provided: 278,235**

**The School Pantry Program** provides food to low-income high school and middle school students and their families.

**Pantry Sites: 36 in 11 counties**

**Meals Provided: 33,117**

**After School Fuel** offers healthy after school meals for children experiencing food shortages at home.

**Program Sites: 16**

**Meals Provided: 111,053**

**1 in 4** Oklahoma children may go hungry tonight. Food for Kids helps.



## MOBILE PANTRY

This farmers' market style of food distribution in rural communities provides food and produce to people that might not have access to a full-service grocery store or other food assistance.

**Distributions: 285 in 22 counties**

**Meals Provided: 1,482,350**



## VETERANS INITIATIVES

The Food Bank provides hot meals, shelf-stable food and fresh produce to veterans through the Mobile Eatery, Mobile Pantry, and partners.

**Meals Provided: 121,944**



## SENIOR SERVINGS

The Food Bank provides fresh produce, bakery items and shelf-stable food to low-income seniors. Food is chosen with senior dietary considerations in mind.

**Sites: 40 in 18 counties**

**Meals Provided: 404,066**



**464,000 meals** were distributed each week through **730 Programs & Partner Agencies** throughout 24 counties in eastern Oklahoma.

Fighting Hunger, Feeding Hope

**FOOD BANK**

Community **FOOD BANK** of Eastern Oklahoma  
[www.okfoodbank.org](http://www.okfoodbank.org)



# WHO IS HUNGRY IN OKLAHOMA?

According to the USDA, Oklahoma is one of 11 states where food insecurity is higher than the national average.

Food insecurity is defined as a lack of consistent access to enough food for an active, healthy life according to The U.S. Department of Agriculture (USDA).

## THE FACES OF HUNGER IN OKLAHOMA:

- 1 in 4 children under the age of 18.\*\*
- 1 in 10 Oklahoma seniors (age 60+). +
- 18% of the Food Bank's client households include a military veteran.\*
- 97% of our clients are not homeless.\*
- Nearly 58% of our client households had at least one working adult at home.\*
- Of those not working, 62% have a disability or are a caretaker and 26% are retired.\*

\* = Feeding America's Hunger in America 2014

\*\* = Feeding America's Map the Meal Gap 2017

+ = Feeding America: The State of Senior Hunger in America

## HOW WOULD YOU COPE?

Families in need use these and other coping strategies



85%

PURCHASE  
INEXPENSIVE,  
UNHEALTHY FOOD



61%

RECEIVE HELP  
FROM FRIENDS  
OR FAMILY



46%

WATER DOWN  
FOOD OR DRINKS



## WHAT WOULD YOU CHOOSE?

Hungry Oklahomans face difficult choices



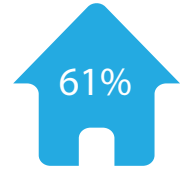
CHOOSE BETWEEN FOOD &  
UTILITIES



CHOOSE BETWEEN FOOD &  
TRANSPORTATION



CHOOSE BETWEEN FOOD &  
MEDICAL CARE



CHOOSE BETWEEN FOOD &  
HOUSING

## HUNGRY OKLAHOMANS FACE OTHER CHALLENGES TOO:

- Almost 16% of eastern Oklahomans live below the poverty level. The poverty rate among Oklahoma children is 23% (U.S. Census Bureau, 2017).
- 1 in 3 Oklahomans in poverty are in single mother households. (OK Policy Institute, 2017 Poverty Profile)
- 40% of Oklahomans in poverty have been employed in the last year (OK Policy Institute, 2017 Poverty Profile).
- More than 73% of all Oklahoma SNAP participants are in families with children, 34% are in families with elderly members or have disabilities (Center on Budget and Policy Priorities, 2018).

16% of Oklahomans (621,370) cannot always count on their next meal.

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