These quick fact sheets include data from Feeding America’s Map the Meal Gap, the Bureau of Labor Statistics, and the United States Census Bureau, compiled by the Community Food Bank of Eastern Oklahoma.


“I can draw a bath.
I can read a bedtime story.
But I can’t create food out of thin air.”
- Tulsa Public Schools paraprofessional and unexpected custodian of three grandchildren.

$3.01
AVERAGE COST PER MEAL IN EASTERN OKLAHOMA

621,370
TOTAL FOOD INSECURE PEOPLE

3,943,079
2017 OKLAHOMA POPULATION

OKLAHOMA CONSISTENTLY RANKS AS ONE OF ELEVEN STATES WHERE FOOD INSECURITY IS ABOVE THE NATIONAL AVERAGE

15.8%
OVERALL STATE FOOD INSECURITY RATE

22.2%
STATE CHILD FOOD INSECURITY RATE

HUNGER IN OKLAHOMA

Updated 2/20

OKLAHOMA STATISTICS

$3.01
AVERAGE COST PER MEAL IN EASTERN OKLAHOMA

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**Food Insecurity Rate**

17.2%

8,320 Total Food Insecure People

**Child Food Insecurity Rate**

24.7%

2,740 Total Food Insecure Children

**Senior Poverty Rate**

11.1%

**Unemployment Rate Average**

4.2%

**Average Cost Per Meal**

$3.27

“There are many people in our community who hit a rough patch at times. One box of food at the end of a month won’t solve a financial crisis, but it may help someone and their family eat more securely while they work through that crisis.” - Sue Catron

**7 Partner Agencies**

- Bread of Life/Tahlequah Care Food Pantry, Inc.
- Cookson Hills Center
- Cookson Baptist Church
- DARP Inc.
- Help In Crisis Shelter
- Zoe Institute

For a map of Partner Agencies in your county with contact information and hours of operation, go to [okfoodbank.org/get-help](http://okfoodbank.org/get-help)