Help us get the word out by sharing our posts about your Take A Seat event by using the hashtag #TakeASeatTulsa on Twitter and Facebook or share a photo on Instagram and tag @OkFoodBank.

Share your own thoughts and ideas about the day or post a video telling people what you’re planning using the hashtag #TakeASeatTulsa and #OkFoodBank. Once you’ve had your event, post pictures and tell the story of what happened.

I just registered to host a Take A Seat Event with the @OkFoodBank. Will you join me to fight hunger in our community? #TakeASeatTulsa #OkFoodBank

Raise money by hosting an event for a few friends to raise money for @OkFoodBank. #TakeASeatTulsa

Proud to Take A Seat to fight hunger in my community with the @OkFoodBank. #TakeASeatTulsa