

September 2017 HUNGER ACTION MONTH

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

For more information on any of our events, to donate or for more ways to get involved with Hunger Action Month, visit our website at okfoodbank.org!



#HungerAction

1 Sign up for a **Facebook fundraiser** to celebrate a milestone or honor a loved one. Go to fundraisers from your Facebook page and follow the directions.

2 Visit any of the **4 regional libraries during September**. They will have exhibits with a selection of books related to food, hunger and poverty issues.

3 **Double your Donation** to the Food Bank, thanks to a \$35,000 match from the Masonic Fraternity of Oklahoma. \$1 will equal 8 meals!

4 Start training for a 5k, half or full marathon for the **Route 66 Marathon**, November 19. Raise funds for the Food Bank - we'll cover your registration!

5 Join us for **Family Night at the Food Bank!** Volunteers as young as 8 can help fight hunger. Contact Teressia Kehr at 918-936-4512 to sign up!

6 **Be a Heart for the Hungry business!** Bring your company to the Food Bank: meet, tour, volunteer. Call Heather Palacios at 918-936-4551 for more information.

7 **KJRH Peanut Butter Drive.** Visit us at the Jenks Riverwalk where we will be accepting donations from 10 a.m. to 6 p.m.

8 **The 11th Annual Tulsa Restaurant Week** begins today with **Pie Night at Antoinette's!** Visit tulsapeople.com for more information.

9 Drop by the Food Bank table at the **Cherry Street Farmers Market** to learn about hunger. Sign up to be a **Breadwinner** and receive a free canvas tote.

10 Donate to the Food Bank's Senior Servings Program in honor of **Grandparents Day**. Visit okfoodbank.org to donate today.

11 **Serving Veterans Day.** The first 45 veterans who sign up to volunteer, will be served lunch. Contact Teressia Kehr 918-936-4512.

12 Enjoy **Taco Tuesday with our Mobile Eatery**, T-Town Tacos, and Lobeck Taylor culinary team at the Fuel 66 Food Truck Park, 5-9 p.m.

13 Join us for **Food for Thought**, a free luncheon to learn more about the Food Bank and how you can help. RSVP by Sept. 8 to hpalacios@okfoodbank.org.

14 Join us for **Girls Night Out at the Food Bank!** A casual social event, with food & drink, live music, and door prizes. 5:30 - 7:30 p.m. at the Food Bank.

15 Sign up to **volunteer on the Mobile Eatery** at a Food on the Move event Sept 19 or 21. Contact Brianna, 918-936-4545.

16 **Check out Construction at the Central Library!** Visit through September 23 and check out the unique sculptures made entirely out of cans!

17 Last day of Restaurant Week: Share your favorite Restaurant Week dish using the hashtag **#TulsaRW** to win prizes.

18 Purchase tickets to **Giving Spirits: A Whiskey Tasting Experience** on Friday, Oct. 27. Learn more at okfoodbank.org.

19 Join us for our **Open House** as we celebrate 36 Years of Fighting Hunger and Feeding Hope in Eastern Oklahoma. 5:30 pm to 7:30 p.m at the Food Bank. To RSVP contact Heather at 918-936-4556.

20 Join us for dinner at **Cafe Ole!** Every third Wednesday of the month, Cafe Ole donates 10% of every menu item sold to the Food for Kids Backpack program!

21 Post your photo with the giant fork at the Food Bank to social media for **#HungerAction** Month awareness.

22 Join Mayor Kathy Taylor in **Take A Seat** through Oct. 1. Host a food and drink-related event and guest donations will fight hunger. Contact Rochelle Dowdell at 918-936-4508.

23 **Follow us on Facebook, Twitter and Instagram** at okfoodbank.org to stay up-to-date on the latest news, events, happenings and more!

24 **Contact your legislators** and let them know you want to support hungry neighbors by fully funding SNAP. okfoodbank.org/ways-to-help/advocate.

25 Join your friends at the Food Bank for **Hunger Hero Appreciation Week** with daily small gifts of appreciation for our volunteers.

26 Enjoy sips, sweets, and jewels at **Kendra Scott** in Utica Square from 5-7 p.m. 20% of sales go to the Food Bank.

27 **Donate 40 meals to the Food Bank!** Visit okfoodbank.org to donate \$10. Every \$1 donated equals 4 meals.

28 The first ever volunteer **Sort, Sip & Snacks**. Join friends in meaningful work and fun from 6-8 p.m. Register online at okfoodbank.org on our volunteer page.

29 **Share your Story!** Tell us how hunger has affected your family or friends. Email your story to Greg Raskin at graskin@okfoodbank.org.

30 Sign up to be a Food Bank **Breadwinner** at select Reasor's locations and receive a free canvas tote and auto decal! learn more at okfoodbank.org.



Fighting Hunger - One Fork at a Time

Follow us on Facebook and Instagram for more details on daily action items found in this calendar!

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