

HAPPENINGS

WHAT'S NEW AT THE COMMUNITY FOOD BANK OF EASTERN OKLAHOMA

Your Donations at Work



Krista is a young mother of two children who are eight months and five years old. She is facing additional challenges both financially and emotionally while her oldest child is in the process of getting tested for special needs.

[Click here](#) to read the rest of Krista's story.

To make a donation and help us continue to provide food to our 450 Partner Programs [click here](#).

Heart for the Hungry



Heart for the Hungry kicked off in February, with companies committing to make a difference for those struggling with hunger all year long. During the kickoff month alone, 20 companies have committed 390 volunteers to the

Food Bank for a total of 1,145 volunteer hours. Thank you.

For information on how your company can

[Click here to donate!](#)

Your donations make a difference!
Every \$1 provides 4 meals.

Save the Date



Empty Bowls
April 26, 2016
Cox Business Center

Please join us in celebrating the Food Bank's 35th year of fighting hunger, and participate in 2016 Empty Bowls.

Our goal for the evening is to raise 2 million meals and awareness to help fight hunger in our community. Empty Bowls is presented by the Charles and Lynn Schusterman Family Foundation and planned by Co-Chairs Jason Glass and Brian Hughes, along with Honorary Chairs Elliot and Meg Nelson. Each guest will receive a keepsake bowl, as a reminder of the too many empty bowls in eastern Oklahoma.

To make reservations, to sponsor the event, or to purchase Pick Your Paradise Raffle tickets, [click here](#) or contact Heidi Ewing at

volunteer, contact Adam Baker at 918-936-4545 or abaker@okfoodbank.org



One of our early participants this year was Vroome Orthodontics, pictured above. Although they have collected food and funds before, this was their first time to volunteer at the Food Bank. Becky Tanner, treatment coordinator, mentioned what a great team building exercise the effort was and how it opened their eyes to the needs of the hungry in Oklahoma. Mandy Satterfield, scheduling coordinator stated that Food Bank employees truly welcomed the Vroome staff, trained them, and valued their efforts. She felt their team bonded over the experience.

Find out more about Heart for the Hungry and how your organization can help by [clicking here](#).

Thank you Disney



The Walt Disney Company (Disney) is a proud partner of Feeding America and its network of food banks. Disney's concern for kids and families extends beyond their entertainment to the world in which they live. The Food Bank received a Strategic Produce Planning grant from Disney recently. Through this grant, Disney will support our efforts to rescue and provide more produce to families

918-936-4544 or <http://www.okfoodbank.org>.

Plant a Row for the Hungry



Use your skill and gardening passion this growing season to help alleviate hunger. Join us as we celebrate the eleventh anniversary of Plant-A-Row with Southwood Landscape and Garden Center. Receive a free tomato plant in exchange for a canned food donation at the Plant-A-Row event on March 26. Limit 10 tomato plants per person.

Throughout the growing season, anyone with a garden is encouraged to plant produce and donate the surplus to help feed Oklahoma's hungry. The Food Bank will distribute the produce you donate through our network of Partner Programs or use it in our Culinary Center to provide fresh meals to those in need. For more information about Plant a Row, [click here](#).

Advocate against Hunger



It takes more than food to fight hunger; it also takes people speaking up for the hungry.

Lend your voice to supporters who went to the state capitol for Hunger Action Day on February 25. Advocates spoke with legislators about supporting HB2349, which removes veterans' disability compensation from being counted as gross household income. A homestead

in need. The goal is to create new strategies for local change and also provide the resources needed to establish new ways to acquire and distribute produce.

While the Food Bank aims to secure produce from any source, including retail stores and federal programs, this program developed a plan that will increase produce received from growers, packers, and shippers. We thank Disney for helping increase the amount of fresh, nutritious produce we can provide to eastern Oklahomans struggling with hunger.

exemption of \$1,000 is available for households whose income does not exceed \$20,000 annually and disability compensation can often put a veteran over that threshold.

The bill was recently passed unanimously in the House. Contact your state senator and let them know you care about this bill and other issues that contribute to food insecurity.

To take action, [click here](#) and visit the advocacy page on our website.

To receive our monthly alerts [click here](#).

For information on the issue of national hunger, please visit the Feeding America website at [feedingamerica.org](#).

Fighting Hunger, Feeding Hope

FOOD BANK

Community **FOOD BANK** of Eastern Oklahoma

www.okfoodbank.org



One of Charity Navigator's 10 Top-Notch Charities in the Nation.

Community Food Bank of Eastern Oklahoma | 918-585-2800 | okfoodbank.org

1304 N Kenosha Ave., Tulsa, OK 74106

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