

HAPPENINGS

WHAT'S NEW AT THE COMMUNITY FOOD BANK OF EASTERN OKLAHOMA

Thanks -
From Irene, a Senior Servings client



Irene, pictured above, understands overcoming adversity through strength of character and determined resolve. Not long ago, her brother, who owned the property where she lived, died in a fire, and she was forced to find other living arrangements. Irene currently lives in subsidized senior housing and counts her blessings for the supportive community where she lives, and the donated food she receives from the Food Bank twice a month. She is particularly "proud" of the cabbage, carrots, and potatoes that frequently arrive at her home from the Food Bank.

Irene was in a car wreck the day before Thanksgiving in 2014. Someone ran a stop sign and hit her. It took almost a year to get the insurance settlement from the accident, and nearly as long for her injuries to heal.

[Click here to read the rest of Irene's story](#)

Your Creativity Can Make a Difference

Click here
to donate!

Your donations make a difference!
Every \$1 provides 4 meals.

A Gift Like No Other



Join us for a distinctive dining experience from one of Tulsa's most celebrated chefs at the elegant 624 Kitchen and Catering.

Enjoy a specially curated, Justin Thompson four-course dinner paired with a hand-crafted whiskey cocktail from each of the four JTR Group Restaurants.

Seating is limited, [click here](#) to reserve your seat. A portion of the ticket sales is tax deductible and makes a great gift while benefiting the Food Bank.

To make reservations contact Heidi Ewing at 918-936-4544 or hewing@okfoodbank.org.

Your Donations at Work



Bobbie, pictured left, presents a gift to the Food Bank.

Bobbie and her husband Wally are long-time supporters of the Food Bank. Bobbie is an extraordinary artist and designer as well.

Each year she produces beautiful solid brass and gold tree ornaments with all of the proceeds going to local non-profits including the Food Bank. This year's ornament celebrates Tulsa's new urban park, the Guthrie Green, depicting a scene filled with lively activity, just as you might see on a beautiful afternoon.

Thank you Bobbie for finding a unique way to help feed those in our community who struggle with hunger.

You can help too. For ideas, check out these [Ways to Help](#), or contact Justin Jones at 918-936-4556 or jjones@okfoodbank.org.

Advocate against Hunger



It takes more than food to fight hunger, it also takes people speaking for the hungry.

The 2016 Hunger Action Day at the State Capitol is February 25, 2016. Supporters of the



Social Security is the only source of income for one in three Oklahomans age 65 or older.

On average, Oklahoma retirees receive about \$1,206 a month from Social Security. Additionally, one out of every six seniors is at risk for food insecurity and often must make choices between purchasing medicine and food.

With your help, the Food Bank, through our Senior Servings Program, served more than 1,800 seniors 273,605 meals in the last fiscal year. We distribute to 37 sites in 14 eastern Oklahoma counties.

To make a donation and help with programs like Senior Servings [click here](#).

Volunteer Opportunities

Everyone can volunteer at the Food Bank!



Over a period of seven weeks, Verizon sent 11 groups with 275 volunteers giving about 680 volunteer hours. The amount of food processed over those sessions totaled around 75,000 pounds. Thank you Verizon.

One of the great things about volunteering at the Food Bank is you can help by yourself, with a small group, or as part of a larger crowd. Many businesses and organizations build stronger communities by volunteering

Community Food Bank of Eastern Oklahoma and Regional Food Bank of Oklahoma will join forces to fight hunger in the state. As part of Hunger Action Day, supporters from across the state will have the opportunity to speak with their state legislators about the issue of hunger and ask them to work together to solve the problem.

If you are interested in participating in Hunger Action Day, please contact Effie Craven at ecraven@regionalfoodbank.org as soon as possible.

To take action, [click here](#) and visit the advocacy page on our website.

To receive our monthly alerts [click here](#).

For information on the issue of national hunger, please visit the Feeding America website at feedingamerica.org.

at the Food Bank, which often turns into great team building exercises.

For information on volunteering click [here](#) or contact Adam Baker at 918-936-4545 or abaker@okfoodbank.org

Save the Date



Empty Bowls April 26, 2016 Cox Business Center

Presented by the Charles and Lynn Schusterman Family Foundation.

Co-Chairs Jason Glass & Brian Hughes,
along with Honorary Chairs
Elliot & Meg Nelson.

For more information or to sponsor, contact
Heidi Ewing at 918-936-4544 or
hewing@okfoodbank.org.

Fighting Hunger, Feeding Hope

FOOD BANK

Community **FOOD BANK** of Eastern Oklahoma

www.okfoodbank.org



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