

September 2015 HUNGER ACTION MONTH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Visit On a Whim in Brookside today & they'll donate to the Food Bank! Or volunteer at the Food Bank during Family Night .	2 "Give a Meal" to the Food Bank through Sept. 30 by visiting Bank of America's website and your donation will be tripled: bit.ly/giveamealok	3 Go Orange! Join us in wearing orange today to show your support in fighting hunger.	4 Visit Tulsa-area My Fit Foods locations for their Buy a Meal, Give a Meal campaign every Friday in September, benefiting the Food Bank.	5 Bring 3 canned food items to donate at the Green Belt Meridian exhibition at Hardesty Arts Center , benefiting the Food Bank.
6 Register for the Turkey Day 5K & Fun Run benefiting the Food Bank by visiting our website at okfoodbank.org .	7 Collect food or funds for the Food Bank during your Labor Day BBQ! Help the 1 in 6 Oklahomans at risk of going hungry.	8 Donate a food item at your local Dollar Tree to be donated to the Food Bank through Oct. 1.	9 Join us for Food for Thought , a free luncheon to learn more about the Food Bank and how you can help. RSVP by Sept. 8 to jjones@okfoodbank.org .	10 Sponsor Governor Fallin's Feeding Oklahoma Banquet benefiting the Food Bank on Oct. 14. Visit okfoodbank.org for more information.	11 Check out the Tulsa Restaurant Week kickoff party at Antoinette Baking Co. in Brookside from 7-10 p.m. 10% of proceeds benefit the Food Bank!	12 Tulsa Restaurant Week begins today with 50+ restaurants. Visit tulsapeople.com/restaurantweek for more information.
13 Donate to the Food Bank's Senior Servings Program in honor of Grandparents Day . Visit okfoodbank.org to donate today.	14 Arvest's 1 Million Meals is going on now through October. Visit arvest.com or visit your local branch in eastern Oklahoma.	15 Tonight is Celebrity Night at participating Restaurant Week locations. Learn more at facebook.com/TulsaRestaurantWeek .	16 Contact your elected officials about the importance of Child Nutrition Reauthorization.	17 Tour the Food Bank to see our warehouse, culinary center and more! Call us at 918-585-2800.	18 Donate 40 meals to the Food Bank! Visit okfoodbank.org to donate \$10. Every \$1 donated equals 4 meals.	19 Taste some of Tulsa's best oyster dishes at Oysterfest today at Guthrie Green from noon to 4 p.m. Proceeds benefit the Food Bank.
20 Last day of Restaurant Week: Share your favorite Restaurant Week dish using the hashtag #TulsaRW to win prizes.	21 Golf Fore Food tournament is today at Forest Ridge benefiting the Food Bank.	22 Celebrate the Backpack Program's 10th birthday at the Food Bank with cake, tours and more from 4-7 p.m. Visit okfoodbank.org for more info.	23 Like us on Facebook at facebook.com/okfoodbank for the latest news, events and happenings.	24 Drop off your donation curbside at Channel 2 studios in Brookside today during the peanut butter drive benefiting the Food Bank.	25 Start training for a 5k, half or full marathon for Route 66 Marathon . Raise funds for the Food Bank - we'll cover your registration!	26 Download the Foodtweeks app! They'll donate to the Food Bank when you make healthy food choices.
27 Purchase tickets to Giving Spirits: A Whiskey Tasting Experience on Nov. 6. Learn more at okfoodbank.org .	28 Post your photo with the giant fork at the Food Bank to social media for #HungerAction Month awareness.	29 Follow us on Instagram for the latest photos and videos about what we do at @okfoodbank .	30 Text KIDS to 501501 to make an instant \$10 donation to Food For Kids via your mobile phone bill.	<p>Fighting Hunger, Feeding Hope</p> <p>FOOD BANK </p> <p>Community FOOD BANK of Eastern Oklahoma www.okfoodbank.org</p> <p>   </p> <p>#HungerAction</p> <p>For more information on any of our events, to donate or for more ways to get involved with Hunger Action Month, visit our website at okfoodbank.org!</p>		



Fighting Hunger - One Fork at a Time

Follow us on Facebook and Instagram for more details on daily action items found in this calendar!